

**Facing Your Fears**  
*Fearless – Part 1*  
**Full Life Church –November 1, 2009**  
**Pastor Dan Walker**

*Matthew 10:28 (NIV) Do not be afraid of those who kill the body but cannot kill the soul. Rather, be afraid of the One who can destroy both soul and body in hell.*

*Joshua 1:9 (NIV) Have I not commanded you? Be strong and courageous. Do not be terrified; do not be discouraged, for the LORD your God will be with you wherever you go.*

**1. You will encounter \_\_\_\_\_ storms**

*Matthew 8:23 (NIV) Then he got into the boat and his disciples followed him.*

**1A. Storms often come \_\_\_\_\_**

*Matthew 8:24a (NIV) Without warning, a furious storm came up on the lake ...*

**1B. Life storms are \_\_\_\_\_**

*Matthew 8:24b (NIV) ... so that the waves swept over the boat ...*

*Matthew 8:24c (NIV) ... But Jesus was sleeping.*

**2. \_\_\_\_\_ to Jesus in the storm**

*Mark 4:38 (NIV) Jesus was in the stern, sleeping on a cushion. The disciples woke him and said to him, "Teacher, don't you care if we drown?"*

**2A. \_\_\_\_\_ for Jesus' help**

*Matthew 8:25 (NIV) The disciples went and woke him, saying, "Lord, save us! We're going to drown!"*

**2B. Replace fear with \_\_\_\_\_**

*Matthew 8:26a (NIV) He replied, "You of little faith, why are you so afraid?"*

**3. Jesus is in \_\_\_\_\_**

**3A. Trust Jesus for \_\_\_\_\_**

*Matthew 8:26b (NIV) Then he got up and rebuked the winds and the waves, and it was completely calm.*

**3B. \_\_\_\_\_ an awesome God**

*Matthew 8:27 (NIV) The men were amazed and asked, "What kind of man is this? Even the winds and the waves obey him!"*

*Psalms 91:5-7 (NIV) You will not fear ... A thousand may fall at your side, ten thousand at your right hand, but it will not come near you.*

# Message Study Guide

## *Facing Your Fears*

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(Answer questions based on the message outline and verses)

Intro. What kind of things are you tempted to be afraid of?

How can the fear of God remove fear of other things (Matthew 10:28)?

What is God's will for you concerning fear (Joshua 1:9)?

1A. Have you had any examples of fearful storms coming suddenly into your life (Matthew 8:23-24a)?

1B. How would you have felt as a disciple with the waves coming into the boat and Jesus still sleeping (Matthew 8:24b, Mark 4:38)?

1C. How would you comfort someone in the midst of a storm by letting them know Jesus was with them "in the boat"?

2A. What was right about what the disciples did in Matthew 8:25?

2B. What are the implications of Jesus' profound question in Matthew 8:26a for us today?

3A. What does Jesus' action and its results in Matthew 8:26b tell you about His power?

3B. How can worship increase your faith that God is in control (Matthew 8:27)?

3C. In what way is your life controlled by God and not by statistics (Psalm 91:5-7)?