

**Improving Communication**  
**Growing Great Relationships – Part 4**  
**Full Life Church – February 28, 2010**  
**Pastor Dan Walker**

*Ephesians 5:4 (NIV) Nor should there be obscenity, foolish talk or coarse joking, which are out of place, but rather thanksgiving.*

*James 3:2a (NIV) We all stumble in many ways.*

*James 3:2b (NIV) If anyone is never at fault in what he says, he is a perfect man, able to keep his whole body in check.*

**B. Speak to meet \_\_\_\_\_**

*Ephesians 4:29 (NIV) Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.*

*Proverbs 10:19 (NIV) When words are many, sin is not absent, but he who holds his tongue is wise.*

**1. Speak \_\_\_\_\_ words**

**A. Speak the \_\_\_\_\_**

*Ephesians 4:25 (NIV) Therefore each of you must put off falsehood and speak truthfully to his neighbor, for we are all members of one body.*

**B. Speak in \_\_\_\_\_**

*Ephesians 4:15 (NIV) Instead, speaking the truth in love, we will in all things grow up into him who is the Head, that is, Christ.*

**2. Speak \_\_\_\_\_ words**

**A. Speak to \_\_\_\_\_**

*Ephesians 4:29a (NIV) Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up ...*

**3. Speak \_\_\_\_\_ words**

**A. Speak as \_\_\_\_\_ would**

*1 Peter 4:11 (NIV) If anyone speaks, he should do it as one speaking the very words of God.*

**B. Speak with \_\_\_\_\_**

*Ephesians 5:20 (NIV) Always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ.*

*Philippians 2:14-15 (NIV) Do everything without complaining or arguing, so that you may become blameless and pure, children of God without fault in a crooked and depraved generation, in which you shine like stars in the universe.*